

HOT BEVERAGES

	<i>Reg</i>	<i>Large</i>
Americano	€2.50	€3.00
Cappuccino	€2.90	€3.40
Caffé Latte	€2.90	€3.40
Flat White	€2.80	
Espresso	€2.40	€2.90
Macchiato	€2.70	€3.20
Cortado	€2.70	
Hot Chocolate	€2.90	€3.40
Mocha	€3.00	€3.50
Tea	€2.30	
Herbal Tea	€2.90	
Hot Water & Lemon	€1.70	
Extra shot of coffee	0.50	
Flavoured syrups	0.50	
- caramel, vanilla, hazelnut, cinnamon		

SMOOTHIES €5.00

Pink Panther: Raspberries, Strawberries, Cranberry Juice, Probiotic Yogurt & Honey

Kinsale Crush: Strawberries, Banana, Irish Honey, Ginger, Coconut Water & Apple

Green Almond: Almond Milk, Banana, Pineapple, Avocado & Spinach

Berry Glow: Blueberries, Banana, Chai Seeds & Coconut Water

JUICES €4.50

Pure OJ

Energise & Cleanse: Carrot, Beetroot, Ginger, Lemon & Orange

Immune Boost: Cucumber, Parsley, Spinach, Apple, Lemon & Kale

Ginger Detox: Carrots, Apple, Ginger, Lemon

Sunshine: Orange, Apple, Lime & Mint

SOFT DRINKS €2.80

Coke, Diet Coke, Club Orange, Club Lemon, 7up, Diet 7up, Mineral Water

KIDS DRINKS

Babycino	€2.00
Chocolate Babycino	€2.50
Kids Smoothies	€3.00
- Banana, Strawberry, Yogurt & Honey	
- Pineapple, Melon & Orange Juice	
Kids Fresh Orange Juice	€3.00
Milk	€1.50

BESPOKE EVENT CATERING

Takeaways also available or if you would like to order for upcoming events or occasions please ask a member of our staff who would only be too happy to help.

Follow us on:



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BRUNCH

(Served all day)

Old Bank House Breakfast Sandwich €6.90

Cuthbert's rustic white bread toasted, grilled West Cork bacon, organic Irish pork sausage & tomato relish
(Add a free range Irish hens egg €1.00)

Our Famous Pancakes (1-€5.00) (2-€6.00) (3-€7.00)

Choose from banana, blueberry, strawberry, raspberry or vanilla & served with Maple Joes Canadian Maple Syrup

Eggs Florentine €8.50

Cuthbert's rustic brown bread, wilted baby spinach, poached free range Irish hens eggs & hollandaise sauce
(Add Jamie's Smoked Salmon €2.00)

Eggs Benedict €8.50

Cuthbert's rustic white bread, West Cork bacon, poached free range Irish hens eggs & hollandaise sauce

Savoury Pancakes €9.00

With spring onions, Gubbeen chorizo sausage, Mozzarella cheese & sundried tomatoes

French Toast €7.50

Cuthbert's white bread, coated in free range Irish hens eggs & pan fried until golden. Served with ricotta cheese & fresh berries (Add bacon €2.00)

LUNCH

Seasonally Inspired Soup Of The Day (GF) €4.90

With daily baked soda bread from our bakery

Old Bank House Seafood Chowder (GF) €8.50

With daily baked soda bread from our bakery

Cajun Spiced Crispy Potato Skins €3.00

With spicy smokey chipotle sauce & sea salt

Daily Baked Soda Bread €2.50

From our bakery with Irish butter

Garlic & Parsley Sautéed Baby Potatoes €3.00

Soup & Sandwich Combo €9.50/€11.50

Freshly prepared sandwich of the day with cajun spiced crispy potato skins and a mug of our freshly prepared soup of the day or mug of our seafood chowder.

With soup €9.50 or with chowder €11.50

Quiche of the day €8.00

Served with baby leaf salad & sautéed baby potatoes

Sandwich of the day €6.50

Served with baby leaf salad

Plate of 3 Salads from the Deli €7.50

Served with choice of chicken, ham or cheese

See board for daily specials.

Kids options available also -
Just ask our friendly staff for our popular kids menu.

(H) Healthy Option (V) Vegetarian

(GF) Contains no flour in the recipe, but flour is used in the kitchen

Please ask your server for our list of allergens

SALADS

Warm Cajun Spiced Glin Valley

Chicken & Avocado Salad (H) €10.00

With bacon lardons, roasted peppers & onion, avocado, baby mixed leaves, cajun mayonnaise & garnished with shredded crisp tortilla
(Add poached egg €1.00)

Warm Super Food Salad (GF)(V)(H) €10.00

Whipped Cashel Blue Cheese, tender stem broccoli, pickled pear, toasted pumpkin seeds, baby leaf spinach & hazelnut vinaigrette
(Add grilled Irish chicken €2.00)

Grilled Halloumi (V)(GF) €10.00

With pinenuts, baby spinach, fresh peas, pickled fennel, carrot peel & lemon vinaigrette drizzle with balsamic reduction

FRESH HOMEMADE SANDWICHES

All served with homemade Spicy Potato Skins

Tipperary Brie BLT €8.50

West Cork bacon, ripe beef tomato, Tipperary brie, cos lettuce & mayonnaise on sun blushed tomato & basil ciabatta

Sweet Chilli Chicken Wrap (H) €9.00

Glin Valley chicken strips, pan fried with sweet chilli sauce & crunchy Asian vegetables, all wrapped up in a flour tortilla with rocket & baby leaves

Slow Cooked Pulled Hereford Beef Brisket €9.00

With smokey spicy chipotle sauce, red onion, melted smoked scamorza cheese & guacamole on tomato & basil ciabatta

Old Bank House Club Sandwich €9.50

Sliced Glin Valley chicken, West Cork bacon, Hegarty's Irish cheddar, ripe beef tomato & free range Irish hens eggs on Cuthbert's toasted white bread

Moroccan Falafel Pita €8.50

With cos lettuce, tomato, roasted shallots & tzatziki sauce

Kinsale Crab & Shrimp Bruschetta €9.50

Flavored with mango, chilli, coriander & lime, on sundried tomato & basil crostini & micro coriander

Open King Prawn & Avocado €12.00

On our own brown soda bread with Marie Rose sauce and watercress

*All sandwiches available
on gluten free bread*

We hope you enjoy your experience with us.

DESSERTS

With so much to choose from we recommend you take a look

at our cake display to choose from our delicious range of homemade pastries & cakes made to order from our bakery.



*Make sure to try our
Glenown Farm Ice Cream*